



# WHAT'S ON THE MENU?

## Cardinal Mooney Lunch Menu September 2019

Lunch Price: \$2.65 Reduced Price: \$.40  
Ala Carte Milk, Juice & Water: \$.50/Snack: \$.25, \$.50 or \$.75 Adult Lunch: \$3.75

A full student lunch includes a choice of entrée supplying protein, milk, grain, and vegetable and fruit side dishes. Milk Choices include: 1% White and 1% Chocolate Milk. A cold vegetable and fruit bar is available daily on which we feature the vegetables and fruit listed below, additional fruit and vegetable choices may be available in the bar.

Monday	Tuesday	Wednesday	Thursday	Friday
26 Cheese Pizza Golden Corn	27 Chicken & Cheese Quesadillas Refried Beans	28 Corn Dog on a Stick Potato Rounds	29 Chicken Patty w/bun Peach Cup	30 No School
2 No School Labor Day	3 Classic Cheeseburger Oven Baked Potato Wedges	4 Rotini Pasta with Meat Sauce Roasted Carrot "Fries"	5 Cheese Stuffed Bosco Sticks w/Dipping Sauce Seasoned Broccoli	6 Walking Tacos W/Cinnamon Breadstick Golden Corn
9 Fresh Garden Salad w/Egg & Cheese 2 Garlic Bread Stick Fresh Pea Pods	10 Beef & Cheese Nachos Refried Beans	11 Scrambled Eggs w/Turkey Sausage Patty & WG 2 mini Cinnamon Roll Sweet Potato Puffs	12 Turkey & Cheese on a Pretzel Bun Sliced Steamed Carrots	13 Homemade French Bread Pizza Steamed Broccoli
16 Bacon Cheeseburger Roasted Fresh Green Beans	17 Taco Tuesday Beef Soft Shell Tacos Refried Beans	18 Pancakes w/Scrambled Eggs Potato Rounds	19 Creamy Macaroni & Cheese w/Garlic Bread Stick Seasoned Broccoli	20 Crispy Chicken Sandwich on a WG Bun Sweet Cinnamon Roasted Butternut Squash
23 Homemade Flatbread Pizza Roasted Carrot "Fries"	24 Beef & Cheese Nachos Refried Beans	25 Chicken Tenders w/Breadstick Mashed Potatoes & Gravy	26 Ham & Cheese on a Pretzel Bun Steamed Green Beans	27 <b>No School</b>
Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza	Pepperoni & Cheese Pizza	Pepperoni Flatbread
French Toast Sticks w/Scrambled Eggs	Chicken Nuggets w/Dinner Roll	Strawberry Yogurt Parfait w/Homemade Granola	Popcorn Chicken w/Dinner Roll	Grilled Cheese w/Tomato Soup
Fresh Fruit & Vegetable Bar Available Daily				
Fresh Cherry Tomatoes Romaine & Spinach Salad Fresh Apple Pineapple Chunks	Sliced Cucumbers Romaine & Spinach Salad Strawberries Chilled Peaches	Fresh Cauliflower Romaine & Spinach Salad Fresh Cut Orange Wedges Chilled Fruit Cocktail	Fresh Baby Carrots Romaine & Spinach Salad Cantaloupe Chunks Chilled Applesauce	Power Peas Romaine & Spinach Salad Chilled Diced Pears Fresh Banana

This institution is an equal opportunity provider.

 Vegetarian Item

**Questions or Comments? Please contact Julie Humphrey @ 810.676.1112 or [jhumphrey@ecsd.us](mailto:jhumphrey@ecsd.us)**

Menu Subject to Change without Notice



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